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ABSTRACT OF THE DISCLOSURE

A method of forming a waist band on an absorbent article is disclosed. The method includes forming stretchable front and back panels and attaching an elastic band to at least one of the panels. Each elastic band is cantilevered outward from a distal end of the panel to which it is attached. An absorbent assembly is also secured between the front and back panels. The method further includes folding one panel over the other panel so that the outer ends of the elastic bands are aligned approximately even to one another. The first and second side edges of the front panel, back panel and elastic bands are then joined together by a pair of seams to form an absorbent article having a waist opening and a pair of leg openings.